

# **Reflective Practice**

## **What is it and why is it useful for Cambridge exams?**

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**24 February 2016**



**Reflection in action – Now**

**Reflection on action – Past**

**Reflection for action – Future**



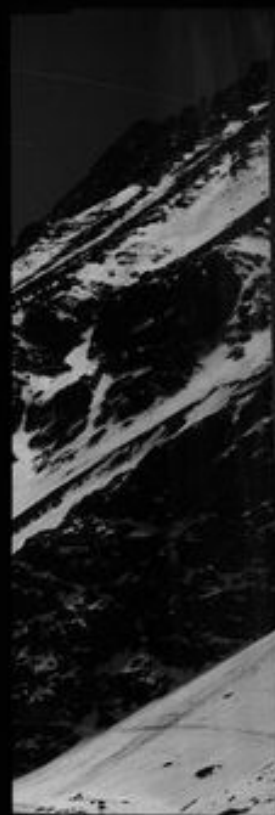
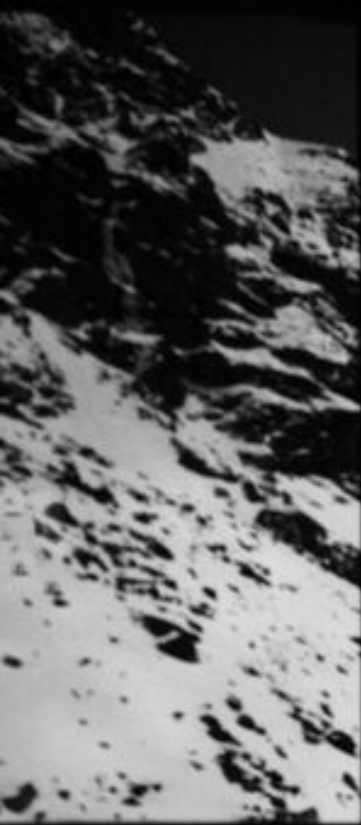
# **Action research**

- 1. Observe**
- 2. Reflect**
- 3. Plan**
- 4. Act**



**Passive >>> Active**







# What things are important when we talk to someone face to face?

Speaking = Language Features

Err, umm = hesitation

Clearly = Pronunciation

Emphasis = Stress

Grammar

Speed

Intonation

Stopping = Pauses

Volume

Fluency

Body = Physical Features

Eye contact

Body language

Facial expressions

Use your hands = gesture

Engage

Smile



# Points to consider

How do I think I come across?

How do I really I come across?

Do I like what I see?

What do I want to change?





# **Learning objectives**

**Raise awareness of the features of speaking f2**

**Improve confidence and performance**

**Increase self-awareness of oral skills through analysis and evaluation**



# What did you find useful about this activity?

To check our mistakes by ourselves

To realise we need more practise

To see how to make changes

To talk and compare with our classmates



# Reflective Practice





# What did you notice in your video

“Poor pronunciation”

“Bad facial expressions and no eye contact”

“I am not confident”

“Hesitation and repeating myself”

“To be more structured”



# Strategies for improvement?

- View footage repeatedly
- Identify features to correct
- Focus on one aspect
- Decide how to make changes



# Reflective cycle



- **Plan**
- **Record**
- **View**
- **Reflect**
- **Correct**



# Why is reflecting important?

- “To learn more”
- “Be better”
- “For improve”
- “To do better what I do now”
- “For speak clearly”



# **Benefits of reflective practice**

- **Stimulated recall**
- **Self-awareness**
- **Set learning goals**
- **Extend learning**
- **Motivate**
- **Student-centred**



**If at first you don't succeed,  
try again!**





**Would you try this?**

**Why? Why not?**



**Would you try this?**

**Why? Why not?**



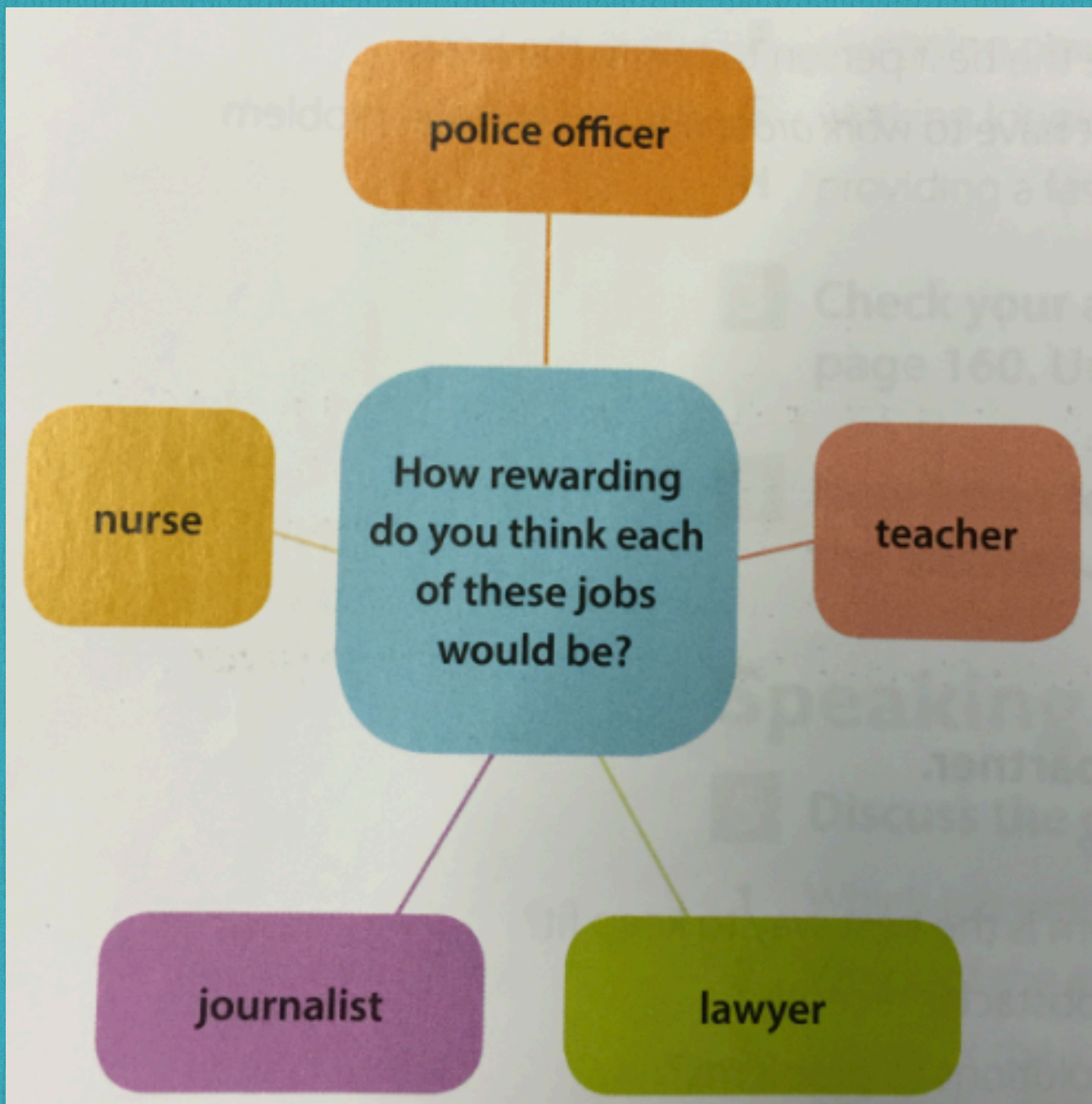
**What obstacles / benefits  
do you foresee in your context?**



**Now it's your turn...!**



# FCE Speaking: Part 3





**Did you like this?**

**What did you get out of it?**



**Questions?**



# Reflective Practice for writing





Symbols	Type of Error	Example of the Error	How do I write the answer?
<b>SVA</b>	Subject---verb Agreement	<b>SVA</b> She don't know the answer.	doesn't
<b>Sp</b>	Spelling	<b>SP</b> In conclution, there are many reasons	conclusion
<b>P</b>	Punctuation	<b>P</b> There are many reasons why I like ice cream, first it is delicious.	.
<b>^</b>	Missing word	<b>^</b> They went the cinema.	to
<b>DS</b>	Double subject	<b>DS</b> My sister she is a teacher.	she
<b>#</b>	Number (singular or plural nouns)	<b>#</b> There are many good restaurant here.	restaurants
<b>VF</b>	Verb form	<b>VF</b> Last night, I study for my test.	studied
<b>WW</b>	Wrong word	<b>WW</b> I always study <u>at</u> the evening.	in
<b>WF</b>	Word form	<b>WF</b> She drives careful.	carefully



<b>WO</b>	Word order	<b>WO</b> Why she doesn't come?	Why doesn't she come?
<b>Art</b>	Article (a/an/the) missing or not needed	<b>Art</b> 1. Many students study at the ZU. <b>Art</b> 2. I drank cup of coffee.	1. The 2. a
<b>/</b>	Separate these words	Studying online has a/lot of benefits.	a lot
<b>Tran</b>	Transition needed (linking word)	She ate three sandwiches. <b>T</b> She was very hungry .	because
<b>----</b>	Delete this word	We went <u>to</u> home when class finished.	to
<b>[ ]</b>	Join these words or join these sentences	<b>1.</b> <u>[Every body] likes going on vacation.</u> <b>2.</b> <u>[I like football. I like tennis, too.]</u>	1. Everybody 2. I like football and tennis.
<b>Frag</b>	Fragment (not a complete sentence)	<b>FRAG</b> For example, rice and fish.	e.g. For example, she likes rice and fish
<b>??</b>	Meaning unclear	<b>??</b> Drinks that provide into hot and cold.	e.g. Drinks that you have hot or cold



# Learning from errors





# Personal learning planner





# Learning journal strategy

**1. Identify**

**2. Plan**

**3. Goals**

**4. Review**



# Journal reflection



- **Reflect**
- **Clarify**
- **Focus**
- **Strategise**
- **Record**



# What have I learnt today?





I am not yet confident with...

I want to develop my ...

I would like to improve it by...

This will be a ... plan of action

I planned to improve ...

This was achieved 😊 / ☹️



**Questions?**



**Thank you!**

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