



11.30 -12.30

**Reflective practice: From thinking to doing**

**Kat Robb**

Just how often do we pause to stop and think about what we are doing and why we are doing it? Many educators have embraced reflective practice as a part of their ongoing professional development, but what about the learners? In this talk I share some research about learners becoming reflective practitioners, as they analyse, reflect and implement changes to improve their oral communication skills.

Kat is a teacher, teacher trainer, and writer living in Barcelona where she teaches Business English, ESP and EAP, but during the summer she teaches at Manchester University. Her main field of interest is educational technology, so she teaches and trains online as well as face-to-face. She is constantly exploring new ways to incorporate technology into teaching, training and learning, and shares her ideas at conferences and on her blog: [englishandtech.com](http://englishandtech.com)